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FORMULATION AND EVALUATION OF EXTENDED RELEASE ALGINATE BEADS OF CEFIXIME

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Article Info	ABSTRACT
Received 25/10/2013	The objective of the present study was to prepare and evaluate the alginate beads of
Revised 15/11/2013	Cefixime. Cefixime alginate beads were prepared by orifice- ionotropic gelation method
Accepted 18/11/2013	using polymers such as HPMC (K 100 M), Carbopol 940P, Sodium CMC, Guar gum,
	Sodium Alginate, Ethyl Cellulose, Methyl Cellulose and Xanthan gum. Totally 15 different
	formulations of Cefixime alginate beads were prepared by using the above polymers. The
Key words: Cefixime,	alginate beads were characterized for drug content, entrapment efficiency, mucoadhesive
Carbopol 940P, HPMC	property by in vitro wash-off test and in-vitro drug release. The formulation F10 was
(K 100 M), Orifice-	selected as an ideal formulation based on the <i>in vitro</i> release profile which shows an
ionotropic gelation	extended drug release of 97.11% upto 8 hours in phosphate buffer of pH 7.0. Surface
method, Cefixime,	morphology (SEM analysis) and drug-polymer interaction studies (FT-IR analysis) were
Sodium Alginate,	performed only for the ideal formulation (F10). The alginate beads were smooth and
Sodium CMC, Alginate	elegant in appearance showed no visible cracks as confirmed by SEM and FT-IR studies
beads.	indicated the lack of drug-polymer interactions in the ideal formulation (F10). The <i>in vitro</i>
	release data of all alginate beads formulations were plotted in various kinetic equations to
	understand the mechanisms and kinetics of drug release. The ideal formulation (F10)
	followed Higuchi kinetics and value of "n" is calculated to be 0.86 indicated that the drug
	release shows non-fickian diffusion.

INTRODUCTION

Mucoadhesive formulations orally would achieve a substantial increase in the length of stay of the drug in GI tract stability problem in the intestinal fluid can be improved. Mucoadhesive Alginate beads [1-3] carrier systems are made from the biodegradable polymers in sustained drug delivery. Recently, dosage forms that can precisely control the release rates and target drugs to a specific body site have made an enormous impact in the formulation and development of novel drug delivery systems. Alginate beads form an important part of such novel drug delivery system. They have varied applications

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Email: brahmaiahmph@gmail.com 9 | P a g e Australian Journal of Pharmaceutical Research and are prepared using assorted polymers. It would, therefore be advantageous to have means for providing an intimate contact of the drug delivery system with the absorbing membrane. This can be achieved by coupling Bioadhesion characteristics to microspheres or Alginate beads and developing bioadhesive microspheres or a Bioadhesive Alginate beads [4-6] have advantages such as efficient absorption and enhanced bioavailability of drugs owing to high surface to volume ratio, a much more intimate contact with the mucus layer and specific targeting of drugs to the absorption site.

To overcome the relativity short GI time and improve localization for oral controlled or sustained release drug delivery systems. The polymers which adhere to the mucin epithelial surface are effective and lead to significant improvement in oral drug delivery based on this three broad categories.Cefixime [7] is a third generation Cephalosporin antibiotic used in the management of



various infections caused by Gram positive as well as Gram negative bacteria. Cephalosporins interfere with bacterial peptidoglycan synthesis after binding to beta lactam binding proteins thereby they kill bacteria. In the present study, an attempt was made to develop mucoadhesive cefixime alginate beads by orificeionotropic gelation technique using polymers such as sodium alginate, HPMC (K 100 M), carbopol 940P, sodium CMC, guar gum, ethyl Cellulose, methyl cellulose and xanthan gum. The prepared alginate beads were evaluated for drug content, entrapment efficiency, mucoadhesive property, surface morphology, drug polymer interaction and *in vitro* drug release studies.

MATERIALS AND METHODS Materials

Cefixime was obtained as a gift sample from Pharma train (Hyderabad, India). HPMC (K 100 M) [8], Carbopol 940P [9], Sodium CMC [10], Guar gum [11], Sodium Alginate [12], Ethyl Cellulose [13], Methyl Cellulose [14], Xanthan gum[15], Calcium chloride [16] were supplied by SD Fine Chemicals Ltd.,Mumbai. All solvents used were of analytical grades and were used as obtained.

Preparation of Cefixime Alginate beads

Cefixime and all other polymers were individually passed through sieve no \neq 60. The required quantities of Sodium alginate and the mucoadhesive polymer were dissolved in purified water to form a homogenous polymer solution. The Drug, Cefixime was added to the polymer solution and mixed thoroughly with a stirrer to form a viscous dispersion. The resulting dispersion was then added manually drop wise into calcium chloride (10 % w/v) solution through a syringe with a needle of size no. 18. The added droplets were retained in the calcium chloride solution for 15 minutes to complete the curing reaction and to produce the spherical rigid Alginate beads. The alginate beads were collected by decantation, and the product thus separated was washed repeatedly with water and dried at 45°C for12 hours.

Drug content

Powder equivalent to 10 mg of Cefixime was dissolved in 20 ml methanol and volume made up to 100 ml with p^{H} 7.0 phosphate buffer with 0.5% SLS. The Solution was filtered through Whatmann filter paper no. 41 to obtain the stock Solution A. The Stock Solution A (1 ml) was Diluted to10ml to obtain the stock Solution B .The Absorbance of the resulting solution was measured at wavelength maximum of 234 nm using double beam UV-Visible Spectrophotometer with 1cm pathlength sample cells.

Entrapment Efficiency

Entrapment efficiency was calculated using the following formula:

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Entrapment Efficiency = $\frac{\text{Estimated percentage drug content}}{\text{Theoretical percentage drug content}} X 100$ In *Vitro* Wash-off Test [17, 18]

The mucoadhesive properties of the alginate beads were evaluated by the *In vitro* wash-off test.

A 4-cm by 4-cm piece of goat intestine mucosa was tied onto a glass slide using thread. Microspheres were spread (\sim 100) onto the wet, rinsed, tissue specimen and the prepared slide was hung on to one of the groves of a USP tablet disintegrating test apparatus. The disintegrating test apparatus was operated such that the tissue specimen was given regular up and down movements in the beakers containing the simulated gastric fluid USP (pH 1.2), and the pH 7.0 Phosphate buffer. At the end of 30 minutes, 1 hour, and at hourly intervals up to 8 hours, the number of alginate beads still adhering on to the tissue was counted. The results of the In Vitro wash-off test of batches F1 to F15 are shown in Table No: 11-12

 $Mucoadhesion Property = \frac{No.of alginate beads adhered}{No.of alginate beads applied} X 100$

IN VITRO DISSOLUTION STUDIES OF ALGINATE BEADS

900ml of pH 7.0 phosphate buffer was placed in the dissolution vessel and the USP dissolution apparatus – II (Paddle Method) was assembled. The medium was allowed to equilibrate to temperature of $37^{\circ}C \pm 0.5^{\circ}C$. Alginate beads were placed in the dissolution vessel and the vessel was covered, the apparatus was operated for 8hrs at 50 rpm. At definite time intervals the 5 ml of the dissolution fluid was withdrawn, filtered and again 5ml blank sample was replaced. Suitable dilutions were done with the dissolution fluid and the samples were analyzed spectrophotometrically at λ max 234 nm using a UVspectrophotometer (Lab India).

Release Kinetics

The analysis of the drug release mechanism from a pharmaceutical dosage form is an important but complicated process and is practically evident in the case of mucoadhesive controlled release systems. As a modeldependent approach, the dissolution data was fitted to four popular release models such as zero-order, first-order, diffusion and Korsemeyer - Peppas equations, which have been described in the literature. The order of drug release from mucoadhesive controlled release systems was described by using zero order kinetics or first orders kinetics. The mechanism of drug release from the mucoadhesive controlled systems was studied by using the Higuchi equation and the Korsemeyer - Peppas equation. The results are given in Table No - 8.

Zero Order Release Kinetics

It defines a linear relationship between the fractions of drug released versus time.

 $Q = k_o t$



Where, Q is the fraction of drug released at time t and k_o is the zero order release rate constant.

A plot of the fraction of drug released against time will be linear if the release obeys zero order release kinetics.

First Order Release Kinetics:

Wagner assuming that the exposed surface area of a tablet decreased exponentially with time during dissolution process suggested that drug release from most of the slow release tablets could be described adequately by apparent first-order kinetics. The equation that describes first order kinetics is

 $In (1-Q) = -K_1t$

Where, Q is the fraction of drug released at time t and k_1 is the first order release rate constant.

Thus, a plot of the logarithm of the fraction of drug undissolved against the time will be linear if the release obeys the first order release kinetics.

Higuchi equation

It defines a linear dependence of the active fraction released per unit of surface (Q) and the square root of time.

$$Q = K_2 t^{\frac{1}{2}}$$

Where, K2 is the release rate constant.

A plot of the fraction of drug released against square root of time will be linear if the release obeys Higuchi equation. This equation describes drug release as a diffusion process based on the Fick's law, square root time dependant.

Power Law

In order to define a model, which would represent a better fit for the formulation, dissolution data was further analyzed by Peppa's and Korsemeyer equation (Power Law). $M_t/M_{\alpha} = K.t^n$ the drug release, The value of n can be used as abstracted in Table No – 8 . A plot between logs of M_t/M_α against log of time will be linear if the release obeys Peppa's and Korsemeyer equation and the slope of this plot represents "n" value.

DRUG-POLYMER INTERACTION STUDY

The FTIR spectra of the drug (alone), polymer (alone) and the drug-polymer mixture were recorded by the potassium bromide pellet method.

MORPHOLOGY STUDY

The External surface morphology was evaluated by using the SEM (Horizon 230, CIPRA Labs, Hyderabad) .The alginate beads were mounted directly on the SEM sample stub using the double sided sticking tape and coated with gold film (thickness 200nm) under the reduced pressure (0.001 mm of Hg). The voltage was used is 5KV.

RESULTS AND DISCUSSION FTIR STUDIES

From the infrared spectra it is clearly evident that there were no interactions of the drug. IR Spectrum of the pure drug shows the characteristic peaks at 3550cm⁻¹, 1043 and 1011cm⁻¹. The IR Spectrum of Drug and polymer exhibited peaks at 3429.27cm⁻¹ and 1055cm⁻¹. This confirms the undisturbed structure of the drug in the formulation. This proves the fact that there is no potential incompatibility of the drug with the polymers used in the formulation. Hence, the formula for preparing Cefixime mucoadhesive Alginate beads can be reproduced in the industrial scale without any apprehension of possible drugpolymer interactions.

SEM STUDIES

It was observed that the optimized formulation (F10) of the mucoadhesive Alginate beads were spherical

 Table 1. Composition of different formulations of Cefixime Alginate beads

Batch code	Coat Composition	Ratio
F1	Drug: Sod. Alginate	1:1
F2	Drug: Sod. Alginate : Carbopol (940)	1:0.9:0.1
F3	Drug: Sod. Alginate : HPMC (K100M)	1:0.9:0.1
F4	Drug: Sod. Alginate : Sod.CMC	1:0.9:0.1
F5	Drug: Sod. Alginate : Ethyl cellulose	1:0.9:0.1
F6	Drug: Sod. Alginate	1:2
F7	Drug: Sod. Alginate : Carbopol (940)	1:2:1
F8	Drug: Sod. Alginate : HPMC (K100M)	1:2:1
F9	Drug: Sod. Alginate : Guar gum	1:2:1
F10	Drug: Sod. Alginate : Methyl cellulose	1:2:1
F11	Drug: Sod. Alginate : Xanthan gum	1:2:1
F12	Drug: Sod. Alginate : Guar gum	1:3:1
F13	Drug: Sod. Alginate : Xanthan gum	1:3:1
F14	Drug: Sod. Alginate : Xanthan gum	1:3:0.5
F15	Drug: Sod. Alginate : Xanthangum : Guar gum	1:3:1:1



Time (hrs)	Cumulative Percent Drug Release (n = 3±SD)				
Time (mrs)	F 1	F2	F3		
0.5	12.6 ± 2.0	21.42 ±1.00	10.46 ±2.48		
1	35.42 ±3.2	32.68 ±1.25	23.27 ±1.2		
2	50.55 ±1.21	64.73 ±1.34	36.3 ±7.34		
3	72.04 ±1.65	75.91 ±1.9	68.26 ±8.7		
4	88.68 ±3.47	91.67 ±1.30	101.8 ±2.8		
6	108.4 ±2.02	102.18 ±0.93			

Table 3. Dissolution Data of Mucoadhesive Alginate beads Cefixime

Time (hrs)	Cu	mulative Percent Drug Releas	ase*	
Time (ms)	F 4	F5	F6	
0.5	12±1.8	13.7±2.2	22.5±0.9	
1	22.86±5.52	16.87±0.67	49.28±5.8	
2	55.6±5.3	28.37±7.17	73.86±3.06	
3	61.46±1.22	32.22±7.65	89.74±1.92	
4	97.89±1.48	48.39±4.19	107.82±1.35	
6	106.67±1.88	54.78±4.84		
8		58.21±3.84		

*(Mean of three values ±SD)

Table 4. Dissolution Data of Mucoadhesive Alginate beads of Cefixime

Time (hrs)	Cumulative Percent Drug Release (n = 3±SD)			
Time (mrs)	F7	F8	F9	
0.5	13.65±4.56	32.79±2.51	12.45±1.58	
1	40.27±3.03	42.42±1.59	31.69±4.34	
2	56.16±3.67	65.94±1.73	58.89±2.52	
3	63.54±5.75	91.39±0.99	74.41±1.87	
4	83.24±4.2	102.59±1.56	88.58±5.8	
6	105.75±6.76		108±1.73	

Table 5. Dissolution Data of Mucoadhesive Alginate beads of Cefixime

Time (hrs)	Cumulative Percent Drug Release (n = 3±SD)			
Time (hrs)	F10	F11	F12	
0.5	7.05 ±0.18	11.49±2.52	14.4±0.61	
1	14.26 ±0.63	19.54±4.51	29.34±0.62	
2	24.11 ±1.25	30.46±7.02	38.26±2.22	
3	26.95 ±0.15	37.66±7.59	56.9±3.83	
4	32.5 ±4.13	37.39±7.81	69.9±0.67	
6	58.07 ±3.16	53.93±1.89	73.65±3.21	
8	97.11 ±2.98	63.52±3.44		

Table 6.Dissolution Data of Mucoadhesive Alginate beads of Cefixime

	Cumulative Percent Drug Release (n = 3±SD)			
Time (hrs)	F13	F14	F15	
0.5	12.17±3.1	4.15±0.83	12.3±1.08	
1	28.29±5.19	7.00±1.76	17.9±0.609	
2	34.69±3.75	15.43±1.31	22.96±0.254	
3	39.68±1.34	23.83±3.88	29.84±2.26	
4	43.51±1.97	29.31±3.67	38.56±1.82	
6	53.79±2.99	43.97±4.57	48.22±0.95	
8	64.29±7.87	60.5±4.68	60.18±3.2	



		Drug C		
S.No	Batch code	Theoretical (percentage)	Practical (Percentage)	Encapsulation efficiency
1	F1	50	39.70	79.40±0.025
2	F2	50	42.02	84.05±0.027
3	F3	50	39.03	78.07±0.027
4	F4	50	48.33	96.67±0.02
5	F5	50	28.73	57.47±0.012
6	F6	33.33	26.24	78.73±0.013
7	F7	25	19.14	76.57±0.032
8	F8	25	17.47	69.91±0.013
9	F9	25	18.60	74.40±0.017
10	F10	25	19.37	77.51±0.025
11	F11	25	18.10	69.64±0.019
12	F12	20	14	70.0±0.014
13	F13	20	13.62	65.75±0.017
14	F14	22.22	16.49	71.46±0.015
15	F15	16.66	10.59	61.18±0.012

 Table 8. RELEASE KINETICS OF CEFIXIME MUCOADHESIVE ALGINATE BEADS (Coefficient Of Correlation (R²) values of different batches of Cefixime mucoadhesive Alginate beads)

Formulation	Zero Order	First Order	Higuchi's	Peppa's
F1	0.939	0.943	0.984	0.961
F2	0.904	0.964	0.978	0.940
F3	0.980	0.820	0.927	0.969
F4	0.936	0.822	0.976	0.944
F5	0.872	0.929	0.957	0.945
F5	0.872	0.929	0.957	0.945
F6	0.926	0.965	0.967	0.957
F7	0.937	0.933	0.976	0.977
F8	0.951	0.918	0.985	0.992
F9	0.950	0.976	0.996	0.985
F10	0.953	0.913	0.980	0.926
F11	0.944	0.986	0.989	0.987
F12	0.987	0.946	0.954	0.961
F13	0.878	0.968	0.967	O.969
F14	0.998	0.996	0.966	0.996
F15	0.965	0.994	0.981	0.980

 Table 9. Dissolution Parameters of Cefixime mucoadhesive Alginate beads

			Dissolution I	Parameters		
Formulation	n	K ₀ (mg/L/hr)	K ₁ (hr ⁻¹)	T ₅₀ (hrs)	T ₇₅ (hrs)	T ₉₀ (hrs)
F1	0.629	8.64	0.557	2	2.7	4.3
F2	0.591	5	0.610	1.5	3	4
F3	1.141	15.71	0.400	2.5	3.2	3.5
F4	0.882	4.16	0.950	1.8	3.3	4
F5	0.610	2.93	0.090	4.5		
F6	0.558	4.68	0.835	1	1.8	3
F7	0.538	12.06	0.414	1.5	3.5	4.7
F8	0.668	11.2	0.780	1.3	2.4	3
F9	0.684	9.56	0.550	1.3	3.2	4.3
*F10	0.861	10.86	0.13	5.3	6.8	7.5
F11	0.553	4.14	0.117	5		
F12	0.730	8.92	0.310	2.7	4.2	4.8



F13	0.380	4.85	0.105	5.2	
F14	0.38	7.46	0.09	6.6	
F15	0.593	4.83	0.101	6	

*Optimized Formulation.

Table 10. Flow Properties Of Different Formulations

Formulation	Angle of Repose	Bulk density(g/ml)	Tapped density(g/ml)	Hausner ratio	Compressibility index
F1	12	0.816	0.816	1	0
F2	14	0.672	0.717	1.06	6.2
F3	11	0.556	0.602	1.08	7.6
F4	13	0.692	0.721	1.04	4.02
F5	15	0.297	0.371	1.24	9.2
F6	13	0.656	0.872	1.17	7.8
F7	16	0.454	0.552	1.21	17.75
F8	19	0.772	0.821	1.06	5.96
F9	14	0.659	0.721	1.09	8.59
*F10	19	0.704	0.779	1.12	11.04
17.03	18	0.721	0.869	1.20	
15.02	16	0.526	0.619	1.17	
F13	17	0.618	0.721	1.16	14.28
F14	15	0.536	0.590	1.10	9.1
F15	19	0.817	0.871	1.06	5.4

Table 11. Percent Mucoadhesive Property of the Alginate beads of cefixime in p^H 1.2 HCl buffer.

Time		Percent Mucoadhesive property													
(hr)	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15
0.5	33	41	22	40	54	40	41	50	78	76	54	61	66	84	74
1	21	36	8	35	46	28	32	38	69	68	40	46	58	71	66
2		21		24	35	10	24	21	45	52	21	38	42	61	51
3		12		13	26		16		38	43	10	28	30	46	38
4					14		4		24	37		20	26	26	28
5									12	28		12	18	11	13
6									5	14			9	7	6
7															
8															

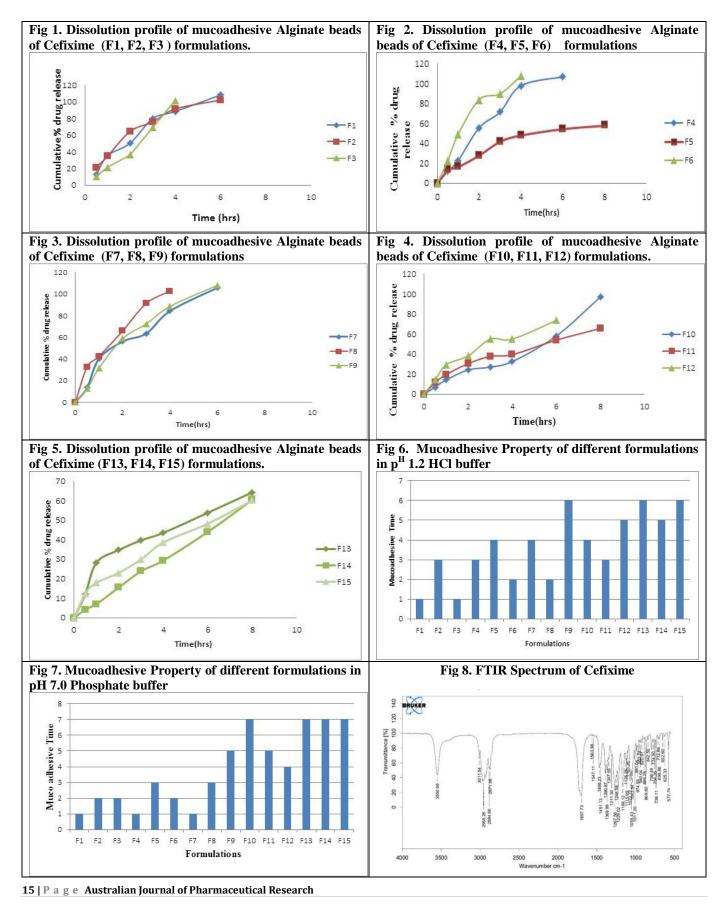
Table No. 12: Percent Mucoadhesive Property of the Alginate beads in pH 7.0 Phosphate buffer.

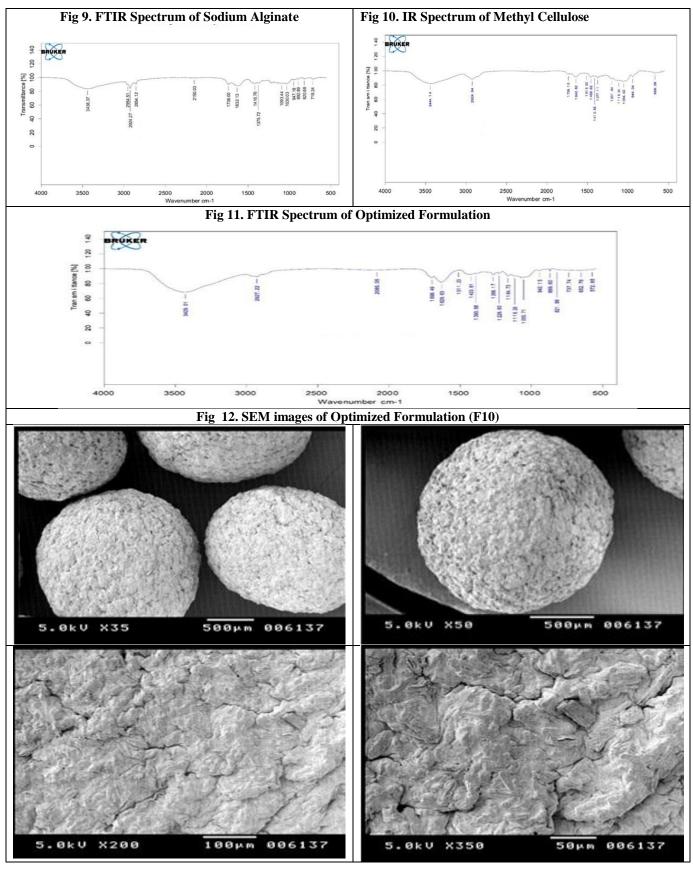
Time		Percent Mucoadhesive property													
(hr)	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15
0.5	44	51	48	30	56	52	28	54	70	78	56	64	60	80	70
1	20	36	31	29	38	44	18	42	54	69	42	54	51	70	61
2		14	27		29	13		34	40	60	32	38	47	62	53
3					13			12	28	55	26	38	38	51	49
4									18	43	15	24	29	43	40
5									10	39	8		20	34	33
6										26			11	28	21
7										8			7	11	9
8															

Table 13. Data for IR Spectra Of Cefixime

Functional Group	Frequency (cm ⁻¹)
C-OH Aromatic (stretching)	3550
C=O (stretching) Acid Ester	1011
C-O-C (stretching)	1043







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and completely covered with the coat polymer (fig no.12). At higher magnification, pores were observed. The pores can influence the rate of release of the drug from the microspheres.

DISCUSSION

Alginate beads of Cefixime with a coat consisting of sodium alginate and different mucoadhesive polymers -Sodium CMC, Methylcellulose, Carbopol 940P, HPMC K100M, Ethyl cellulose, in 1:1, with HPMC K100M, Carbopol 940P, Guar gum, Xanthan gum, Methyl cellulose in 1:2, with Guar gum ,and Xanthan gum 1:3 could be prepared by the orifice-ionic gelation process. The Alginate beads were found to be discrete, spherical, freeflowing, and of the mono- lithic matrix type. The prepared batches of Alginate beads were evaluated for Micromeritic study such as tapped density, bulk density, Carr's index, Hauser's ratio and angle of repose(Table No: 10). with a coat consisting of sodium alginate and a mucoadhesive polymer exhibited good mucoadhesive properties in the in vitro wash-off test. (Table No: 11-12). The micro encapsulation efficiency was in the range of 57% to 96% being highest for F4 and lowest for F5.Result of in vitro wash-off test studies indicate that the formulation F10, F13, F14, and F15 having considerable mucoadhesive property.

Cefixime release from the Alginate beads was studied in phosphate buffer (pH 7.0) for 8 hours. Drug release from the Alginate beads was slow and depended on the composition of the coat. Drug Release followed zero-order kinetics ($R^2 = 0.953$). From the all batches F10 (Drug: Sod. Alginate : Methyl cellulose = 1:2:1) batch is considered to be the most promising formulation batch because among all the batches it shows better extent of

drug release 97.11% (8hrs), good entrapment efficiency (78%), and *in vitro* wash-off test shows good mucoadhesive property. Cefixime release from alginate – Methyl cellulose (F10) was slow and extended over a period of 8 hrs and these Alginate beads were found suitable for the oral controlled release formulation.

Higuchi plot showed a " \mathbb{R}^{2} " value of 0.980 in the optimized formulation (F10) suggesting that the diffusion plays an important role in the controlled release formulations. The data was fitted to Korsemeyer -Peppas equation and the value of diffusional exponent 'n' (0.86) indicated that the drug release shows non-fickian diffusion. Observation of all formulation for physical characterization had shown that, all of them comply with the specification of official pharmacopoeias and/or standard references. The FTIR studies indicated the lack of drug – polymer interactions in the Optimized formulation (F10). (Table no: 13, Figure No: 08 - 11).The SEM results indicated that the shape of Mucoadhesive Alginate beads were spherical and completely covered with the coat polymer (fig 12).

CONCLUSION

The Alginate beads exhibited good mucoadhesive properties for optimized formulation (F10) in the in vitro wash off test. Cefixime release from these muco-adhesive alginate beads was slow and extended over up to 8 hrs and depended on the composition of the coat. Drug release was diffusion controlled and followed Higuchi kinetics. These mucoadhesive alginate beads are thus suitable for oral controlled release of many and The FTIR studies ruled out the drug-polymer interaction in the optimized formulation (F10). The SEM results have shown the Size and Surface Morphology of the Alginate beads.

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