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# A DESCRIPTIVE STUDY TO ASSESS THE KNOWLEDGE REGARDING INFECTION PREVENTION AND CONTROL AMONG STAFF NURSE AT SELECTED HOSPITAL OF JODHPUR WITH A

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VIEW TO DEVELOP SELF-INSTRUCTIONAL MODULE

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#### ABSTRACT

Introduction: Infection prevention and control (IPC) is a scientific approach and practical solution designed to prevent harm caused by infection to patients and health workers. It is grounded in infection disease, epidemiology, social science and health system strengthening. Various studies have should that the staff nurse due not having knowledge regarding infection prevention and control. In this study, administrating self-instructional module among staff nurse is an attempt to improve the knowledge regarding infection prevention and control. Aim of the Study: Assess the knowledge regarding infection prevention and control among staff nurse. Meterial And Method: A descriptive study was carried out to assess the knowledge of 60 nurses selected by purposive sampling, who were workers in different hospital in Jodhpur Rajasthan were assessed by using a structured knowledge questionnaire and analyzed by using descriptive and inferential statistics were used for data analysis. Result: The findings of the study reveals that to the level of knowledge shows that majority (65%) of the sample had average knowledge followed by 18.33% had good knowledge and remaining (16.66%) sample had poor knowledge regarding infection prevention and control .However the majority of the demographic variables such as age, gender, religion, qualification, income, experience, designation, and training were found not significant association with the level of knowledge regarding infection prevention and control staff nurses except working area and marital status. Conclusion: It can be concluded that staff nurse have average knowledge regarding infection prevention and control per current research recommendations. They require education and to enhance their knowledge regarding infection prevention and control. Administrating self-instructional module to improve the knowledge regarding infection prevention and control among staff nurse.

Key words: Knowledge, Staff Nurse, Infection prevention and control, self-instructional module.

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#### INTRODUCTION

Infection in hospital is a serious problem of the health globally and is one of the most prevalent reasons of high mortality in developing countries. Hospital associated infection in India includes, surgical site infection, urinary tract infection, blood stream infections, ventilator associated pneumonia, central line associated infections and respiratory infection etc. In India the incidence of hospital associated infection has been increasing day by day so the government of India is contributing 1.4% of GDP on health care for facing this problem only.

In Indian study conducted on 203 health care professionals in Pune (India) reported that 85% of nurses did not apply the universal safety protocol. It is also reported that improper hand hygiene by healthcare workers is responsible for about 40% of HAIS. The hospital associated infection is high in India because wide variety of reason such as inadequate knowledge and bad practices, lack of training session for infection controls



practice, Inadequate resources, poor staffing, and poor infrastructure, nurses are unaware about infection control practice.

In Rajasthan at the SMS Hospital, Jaipur (2017) show that 10% to 18% patients admitted to the ICU get HAIs. If a patient is admitted to the hospital with some health-related problems, there are considerable chances of him acquiring infections from the hospital. Some of the major micro-organisms found in ICUs are Staphylococci, Streptococci, E.coli, Klebsiella and Pseudomonas. When a patient admitted in the hospital are the source of infection (patient with infectious disease) and a host for infection (immune compromised or immune suppressed or non-infection patient). So here the transmission of infection is very common. Infection which is getting during the period of hospitalization from 48 Hours of admission to 30th day of post hospitalization is known as nosocomial or Hospital Acquired infection [1].

To achieve target knowledge about infection prevention and control among staff nurse are the most important factor. Nurses are unaware about infection control practice and its importance during handling and taking care of the patients. The previous experience and the review of literature concerned recommended that there is strong need to upgrade nurse's knowledge. Hence the researcher felt the need to assess the level of knowledge of infection prevention and control among staff nurses and felt the need to prepare as well as administer the instructional intervention planned teaching programme, which will be certainly helpful in upgrading the knowledge and developing skill of nurses regarding infection prevention control which will help to reduce the complications in the future [2].

#### **Objectives of the Study**

To assess the knowledge regarding infection prevention and control among staff nurse. To find out the association between the knowledge regarding infection prevention and control and selected demographic variable among staff nurse. To develop self-instructional module on infection prevention and control.

#### Hypothesis of the Study

**H1**: There is a significant association between the level of knowledge regarding infection prevention and control and socio-demographic variables among staff nurses [3].

#### **Operational Definition Knowledge**

In this study, knowledge refers to what is known about infection the correct responses obtained by staff nurses regarding infection prevention and control through administration of structured knowledge questionnaire.

#### Infection prevention and control

In this study, infection prevention and control

refers to the practices which are reduce and prevent cross infection.

#### **Staff nurses**

In this study, refers to the registered nurses with diploma or degree qualification and have minimum one year experience at selected hospitals in Jodhpur.

#### Self-instructional module (SIM)

In this study, it refers to the educational tool prepared by the researcher to generate the Selfinstructional module on infection prevention and control for staff nurses.

#### Assumption

Staff nurse may have some knowledge regarding infection prevention and control. Staff nurse knowledge regarding infection prevention and control can be improved by administrating self-instructional module.

#### Delimitation

The study was delimited to assess the knowledge among staff nurse residing in Jodhpur.

#### **RESEARCH METHODOLOGY**

Quantitative research approach is considered appropriate for the present study.

#### **Research Design**

Descriptive survey design was adopted for this study.

#### **Research Variable**

Research variables are those variables which are observed a measured in natural setting as they exist without any manipulation. In the descriptive study no last effect relationship is examined. In my study the research variables is the knowledge regarding infection prevention and control.

#### Demographic variables

Demographic variables are the characteristic and attributes of the study sample. In my study the demographic variables is age, gender, religion, marital status, qualification, monthly income, clinical experiences, working area, designation and training of infection prevention and control [4].

#### Population

Staff nurses working in Shriram multispecialty hospital and surgical center, Vasundhara hospital and fertility research centre, Jodhpur

#### Sampling Size

In this study, the sample consists 30 sample from Shriram multispecialty hospital and surgical center and



also 30 sample from Vasundhara hospital fertility and research centre in Jodhpur.

#### **Sampling Technique**

Non-probability purposive sampling technique was used for this study.

### **Reliability of the Tool**

The reliability was established by using Cronbach's Alpha Coefficient formula and it is found to be reliable (r = 0.71).

#### Major Finding of the Study

**Table 1** Depicted that of nurses participated in the study, age 21-30 (46, 76.67%), gender male (38, 63.34%), religion Hindu workers (45, 75%), marital status more than married (40, 66.66%), Qualification in Nursing diploma (39, 65%), monthly income 5000-10,000 (28, 46.66%), Clinical Experience (in yr.) 1-5 (39, 65%), working area OT (19,31.60%), designation staff nurse (50, 83.34%) and any training regarding prevention and control yes (47, 78.40%).

Table 2 Depicted that the majority (65%) of thestaff nurses' level of knowledge was average with mean  $\pm$ SD is 21.37 $\pm$ 8.8 regarding infection prevention andcontrol.

Table 3 Depicted shows that the knowledge score of staff nurses according to the different aspect of the infection prevention and control knowledge was highest (84.2%) regarding the "meaning of hospital acquired infection" with the mean 4.21±0.83 followed by 77.75% regarding the "standard precaution" with the mean 3.11±1.08, 66.25% regarding "mode of transmission" with the mean 2.65±0.85, 65% regarding "isolation" with the mean 1.30±55%, 57.66% regarding "biomedical waste management" with the mean 1.73±0.79, 57% regarding "causes of hospital acquired infection" with the mean 1.71±0.81. 55.66% regarding "sterilization and disinfectant" with the mean 1.67±0.92, 52.66 regarding "common health acquired infection" with the mean 1.58±1.03, 45.75% regarding "Methicillin-resistant staphylococcus aurous" with the mean 1.83±0.91 and lowest (39.5) in regarding "Surveillance and Outbreak investigation" with the mean 1.83±0.93. The overall knowledge score with the mean  $21.37\pm8.8$  and mean percent knowledge of 60.14%.

Based on the finding we can concluded that the knowledge score of staff nurses according to the different aspect of the infection prevention and control have been moderate in all the aspect of the infection prevention and control knowledge.

Table 1: Frequency and	percentage distribution	of demographic variables a	nong staff nurse (N=60)
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S. No	Socio-demographic variable			Percentage
		21-30	46	76.67%
1	Age	31-40	10	16.67%
		41-60	04	6.66%
2	Gender	Male	38	63.34%
Z	Gender	Female	22	36.66%
	Religion	Hindu	45	75.00%
3	Kengion	Muslim	10	16.66%
		Christian	05	8.34%
4	Marital status	Unmarried	20	33.34%
4	Maritar status	Married	40	66.66%
5	Qualification in Numing	Diploma	39	65.00%
5	Qualification in Nursing	Graduation	21	35.00%
	Monthly Income	5,000-10,000	28	46.66%
6	Monthly Income	10,000-20,000	25	41.66%
-	(in rupees)	20,000-30,000	07	11.67%
	Clinical Experience	1-5	39	65.00%
7	Clinical Experience (In Year)	5-10	15	25.00%
	(iii Tear)	Above 10	06	10.00%
		Ward	15	25.00%
8	Working Area	ICU	15	25.00%
		OT	19	31.60%
		Emergency	04	6.70%
		CCU,NICU	07	11.70%
9	Designation	Staff Nurse	50	83.34%
7		Nurse in charge	10	16.66%
10	Any Training regarding the infection prevention	Yes	47	78.40%
10	and control was attended	No	13	21.60%



Table 2 Level	of knowledge	regarding infection	n prevention and contro	J (N-60)
Table 2. Level	of Knowledge	regarting infection	i prevention and contro	л (1 <b>1</b> —00)

Level of Knowledge	Frequency	Percentage
Poor (≤ 50 %)	10	16.66%
Average (51-75 %)	39	65.00%
Good (>75 %)	11	18.33%
Total	60	100%

Table 3. Aspect wise Mean knowledge scores regarding Infection prevention and control among staff nurse (N=60)
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	Knowledge Aspects	Max. Possible Score	Respondents Knowledge			
S. No.			Mean	SD	Mean (%)	
1	Meaning of hospital acquired infection	5	4.21	0.83	84.2%	
2	Causes of hospital acquired infection	3	1.71	0.81	57%	
3	Mode of transmission	4	2.65	0.85	66.25%	
4	Common health acquired infection	3	1.58	1.03	52.66%	
5	Standard precautions	4	3.11	1.08	77.75%	
6	Isolation	2	1.30	0.55	65%	
7	Sterilization and disinfectant	3	1.67	0.92	55.66%	
8	Biomedical waste management	3	1.73	0.79	57.66%	
9	Surveillance and Outbreak investigation	4	1.58	1.03	39.5%	
10	Methicillin –resistant staphylococcus aurous	4	1.83	0.91	45.75%	
11	Total	35	21.37	8.8	60.14%	

#### DISCUSSION

The hypothesis made in the study is there is significant association between the level of knowledge regarding infection prevention and control with selected socio- demographic variables among nurses at the level of P < 0.05. The study findings reveal that the majority of the demographic variables such as age, gender, religion, qualification, income, experience, designation, and training were found not significant association with the level of knowledge regarding infection prevention and control staff nurses except working area and marital status.

The above finding of this study is supported by studies which is conducted by Sharma A.K. (2018), Narasimhaiah J. and Moorthy P. (2018), Kumar V. (2017), Kalyani R. and V. (2016), Potdar N. and Shinde M. (2016), Rahman M.S, Khan A.M. et al. (2016). Study finding demonstrate that the nurses had inadequate knowledge regarding infection prevention and control. The two assumptions were made in this study. The first one was the finding of the study reveals that staff nurses have average knowledge regarding infection prevention and control [3-6].

The second assumption was staff nurse knowledge regarding infection prevention and control can be improved by administrating self-instructional module.

#### CONCLUSION

The finding raised concerns about all aspects of infection prevention and control. A considerable average knowledge about various aspects of infection prevention and control. However, it was use of administrating selfinstructional module can improve knowledge of staff nurse. This study has made some progress in establishing the current status of staff nurse regarding infection prevention and control and is able to provide a framework for developing staff nurse for future practice.

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